



VDU SCREENING



OpticalRooms
OPTICIANS

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EMPLOYER OBLIGATIONS

The Health and Safety Authority (HSA) have regulations concerning health and welfare at work, this includes duties of the employer concerning employees using VDU screens (chapter 5 part 2)

- The employer must inform employees that they are entitled to appropriate eye exam
- This should be provided before commencing employment and at regular intervals
- The eye and eyesight exam should be performed by an optometrist or doctor
 - All employees who work at a screen for more than 1 continuous hour are to be included
 - The employer must provide basic glasses, when advised, **SPECIFICALLY FOR VDU use**

[Read the official Directive here](https://osha.europa.eu/en/legislation/directives/5)
<https://osha.europa.eu/en/legislation/directives/5>



WHAT YOU NEED TO KNOW ABOUT VDU ASSESSMENTS

VDU stands for Visual Display Unit. VDU assessments can also be referred to as DSE (Display Screen Equipment) Assessments.

The Safety, Health and Welfare at Work Regulations 2007 outline the requirements that must be adhered to in relation to Display Screen Equipment. These regulations are applicable:

- If the employee has no choice but to use the VDU to carry out her/his work
- If the employee normally uses the VDU for continuous periods of more than one hour
- If the VDU is generally used by the employee on a daily basis

The VDU Risk Assessment should be carried out every 2 years.

However, this changes depending on the employee's needs. So, if an employee changes their workstation, they need to have a VDU Assessment carried out to comply with the regulations once again.



VDU REPORT FORM

The VDU assessment form is compiled by the HSA. Here is a copy of this form and a sample display screen equipment risk assessment form.

EMPLOYEE'S EYE EXAMINATION RECORD

Name	Date of Birth		LEFT EYE	
	RIGHT EYE		Sph.	Cyl. Axis Pr/Base
Ophthalmoscopy & External Exam:				
Unaided Visual Acuity:				
Refractive Findings:				
Corrected Distance Acuity:				
Am of Acc. (with necessary Rx):		Horizontal		Method Cover Test
Immediate Addition & V/A:		Vertical		Method Cover Test
Near Addition & V/A:		Horizontal		Centimetres
Suppression:		Vertical		
Muscle Balance (Distance):				
Muscle Balance (33 cms):				
Near Point of Convergence:				
Corrective lenses currently used:				
Distance	Close			Work Only
Remarks:				
Recommendation: (Tick point 1 or point 2 or point 3):				
1. Satisfies the standards without corrective lenses:				
2. Satisfies the standards with present lenses:				
3. Fail's to satisfy the standard with or without corrective lenses:				
4. New or Modified lenses required to meet the standards for				
Requires normal corrective lenses to satisfy the standards for				
Distance	Close			Work Only
Remarks:				
Having read the guidelines approved by the European Department of Health and Safety regulations, I certify that the applicant requires special corrective lenses and safety spectacles that will be specific to work related activities.				
Reason: Astigmatic R. eye and age onset presbyopia				
Signed:				
Practice Name: Opticalrooms Ltd				
Date:				

VDU Vision Report

OpticalRooms

Name	Date of Birth:		RIGHT EYE		LEFT EYE	
	RIGHT EYE		Sph.	Cyl. Axis	Sph.	Cyl. Axis
Visual Acuity:						
Distance Visual Acuity:						
Am of Acc. (with necessary Rx):						
Immediate Addition & V/A:						
Near Addition & V/A:						
Suppression:						
Muscle Balance (Distance):						
Muscle Balance (33 cms):						
Near Point of Convergence:						
Corrective lenses currently used: Yes / No						
Distance	Close					
Remarks:						
Recommendation:						
1. Satisfies the standards without corrective lenses:						
2. Satisfies the standards with present lenses:						
3. Fail's to satisfy the standard with or without corrective lenses:						
4. New or Modified lenses required to meet the standard:						
Requires normal corrective lenses to satisfy the standards for VDU work: Yes/No						
Distance	Close					
Remarks:						
Signed: Mr. Don Stack						
Date:						
Practice Name: Opticalrooms Ltd.						



WHY CHOOSE OPTICAL ROOMS FOR YOUR ASSESSMENTS?

Optical Rooms are Ireland's leading corporate opticians. We have been offering onsite VDU screenings for companies for over a decade.

- We offer onsite optometry throughout Ireland for every size of corporate and manufacturing companies.
- As we are nationwide, we can offer the possibility of multiple onsite venues with a single billing service for a company.
- Having onsite VDU testing ensures a single point of contact and seamless billing.
- We partner with all the national health insurers to offer optical benefits to employees.

Additional Onsite VDU Assessment Advantages:

Employees spend less time away from their workstation.

Convenient for both employer and employee.

Higher participation levels, increased productivity, and morale.

Creates a healthy work environment.



MINIMUM ROOM REQUIREMENTS & FAQs

What are the room requirements for the onsite program?

We bring all equipment needed onsite. We require a room no smaller than 3 meters with access to Wi-Fi and possibility of controlling the light to facilitate low lighting. Parking near an entrance is necessary for delivery of the equipment. If the room is on an upper level a lift is required to transport the equipment upstairs.

FAQs

How long does each test take?

Tests are tailored to the company's needs. The duration is usually between 20 and 30 minutes.

How many tests per day?

Typically, we offer 14-21 exams per day.

How much does it cost?

Contact us for a quote for your company's specific needs..



EMPLOYEE PATHWAY

The employee receives internal communication - a template email can be provided by Optical Rooms - employee books appointment using a live link.

Employee receives instant confirmation of time and date with onsite room location. A further reminder is sent 24 hours in advance of the appointment.

Typically, employees with 2 or more years working are entitled to PRSI optical benefits which include the eye exam as well as an allowance towards glasses or contact lenses. Optical Rooms get authorizations in place prior to seeing the patient.

Where someone does not have benefit, they will be advised of possible charges.

If glasses/contacts are ordered, we arrange to deliver these to the employee at their workplace. A suitable time/location for this is arranged with HR/benefits. We will fit and vision check on collection, location dependent.



CONTACT US:

